

Preparing for Amazement Ministries

Empowering and equipping churches and leaders to create lasting and transformational health

June 2023



SPONSOR A PASTOR *Today*

New Barna data shows a staggering drop in pastoral well-being in the last few years, including a decrease from 39% of pastors reporting 'Excellent' emotional and mental health to a shocking 11%.

We are in a **pastor crisis** and Amazed is here to step in. Would you consider sponsoring 1 pastor at \$50 per month? This will provide health coaching, professional network support and more.



Do you have the courage to pay attention?

"Often, we are unaware of the need to be self-aware or the journey towards health is burdensome, so we choose to ignore health all together and remain on auto pilot."

Read more on the blog:

"Renewed Perspective" by Jen Binford, Coach



Upcoming Zoom Seminars

--Thurs. 8/17 Habits of Healthy Churches

--Thurs. 11/9 Habits of Healthy Leaders

***register on our website under "News"



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June News continued

Let's connect!



Find all of the important links here!

<https://linktr.ee/amazed15>



Staff Highlight Jessica Carlson, Coach

Jessica Carlson, a coach with Preparing for Amazement Ministries, works behind the scenes to support the ministry through social media and website management, content writing and editing, and data management. She is passionate about international ministry having served on many international service trips. She is a 20 year veteran of the public school system and holds a Master's degree in Education from Indiana Wesleyan University. She lives in Auburn, Indiana with her husband Marcus and two teenage children. Jessica enjoys traveling with her family, pursuing outdoor interests on their hobby farm, and working outside in the yard. Jessica hopes to inspire others to care for the least, last, and lost, ultimately striving to look more like Jesus everyday.



Pastor Health

financial
vocational
emotional

1 in 3



physical
spiritual
relational

The number of **pastors** who according to a report by **Barna** are considered healthy in 6 essential categories of well-being.

Our Team

Rev. Dr. Marcus J. Carlson,
Executive Director

Jen Binford, Coach

Jessica Carlson, Coach

Erick Liona, Coach

Rev. Nathan Whittaker, Coach

